

Ima Goodstudent

Language Arts- 2

Mrs. Tolin

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Bethany Hamilton

I. Introduction

A. Hook

1. 50-75 shark attacks occur each year

B. Background Information

1. Bethany Hamilton is now 23 years old
2. Lives in Hawaii

C. Surfing

1. Award winning surfer
2. Shark attack at age 13 in 2003 but lost her left arm
3. Helps others have faced hardships like her today

D. Quote: "Stay on top of your game no matter what adversity comes your way. Be your beautiful, healthy, unique self." Bethany said.

E. Thesis:

1. Bethany Hamilton was **influenced** by her family and her faith in God, struggled through many **adversities** such as her shark attack, yet she uses her **accomplishments** to inspire faith and hope as her legacy.

II. Influences (*Body Paragraph #1*)

A. Topic Sentence

1. Bethany Hamilton was influenced by her family and faith in God.

B. Faith in God

1. Quote: Bethany said, "When I was about five years old I have my heart to Jesus Christ."
2. Attended church on a regular basis
3. Church youth groups & social activities
4. Mission trips

C. Family

1. Parents
 - a) Surfers who moved to Hawaii
 - b) Quote: Bethany believed, "There was saltwater in the bloodline."
 - c) Signed her up for competitions in grade school

- d) Supported her to pay for competitions and traveling
 - 2. Brothers
 - a) Supported her and cheered her on at competitions
 - b) Noah video taped her and looked for sponsors
- D. Summarizing Sentence
 - 1. Bethany was inspired by her family and faith in God.

III. Adversities (*Body Paragraph #2*)

- A. Topic Sentence
 - 1. Bethany faced many adversities due to her shark attack.
- B. Shark attack
 - 1. 13 years old
 - 2. Halloween morning 2013
 - 3. With Alana and her family
 - 4. Left arm bit off and lost 60 % of her blood
 - 5. Quote: Bethany stated, "The shark's teeth had serrated edges like a steak knife, and they sawed through the board and my bones as if they were tissue paper."
- C. Healing/Readjusting
 - 1. Surgery and staying in the hospital
 - 2. Paparazzi
 - 3. Learning to do daily tasks with only one arm
 - 4. More difficult workouts and healthy eating
- D. First attempt to surf again
 - 1. Making accommodations
 - a) Began on an easier longboard and worked to a harder shortboard
 - b) Building a strap on the board to duck dive easier
 - 2. Falling off & getting back on
 - a) Quote: "Bethany stated, "My first couple tried didn't work. I was a little bit discouraged. I thought it was going to be easier than it was."
 - b) Even though it was hard, she didn't give up and kept trying
- E. Summarizing Sentence
 - 1. Bethany faced many adversities, but she kept her faith in God and said, "My faith is the core of who I am. My faith gives me strenght and a love for life--- including its adversities."

IV. Accomplishments (*Body Paragraph #3*)

- A. Topic Sentence
 - 1. Bethany has used her accomplishments to inspire faith and hope as her legacy.

B. Positive attitude to inspire other people

1. Fan mail letters
2. TV interviews- *Oprah* and *The Today Show*
3. Novel- *Soul Surfer*
4. Quote: "Raised in a religious household, she clung to the idea that she was part of a bigger plan," said Patterson.

C. Volunteering

1. Mission trips around the world
2. Thailand- rebuilding homes after a tsunami
3. World Vision Foundation- helping children with disabilities
4. Friends of Bethany- a non-profit organization that Bethany started to help people who have lost limbs receive prosthetics
5. Quote: Bethany believes, "It's exciting to know that by being who I am and all that I've been through, I've had a positive impact on those who need to overcome an obstacle to accomplish a goal."

D. Surfing awards

1. Best Comeback Athlete ESPY (2004)
2. Special Courage at the Teen Choice Awards (2004)
3. 5th place at the Pro Junior NSSA regional event in Hawaii (2004)
4. Top 20 at the U.S. Open in Huntington and the Reef Hawaiian Pro (2007)
5. 14th at the Women's World Qualifying Series (2008 & 2009)

E. Summarizing Sentence

1. Bethany has achieved many great accomplishments despite the struggles she has encountered.

V. Conclusion

A. Thesis- restatement

B. Summary

1. Determination to continue surfing and competing even after her shark attack
2. World wide inspiration for others who have had hardships
3. Quote: Bethany believes, "I'm living proof that there's no such thing as a handicap--- it's only in your head."

C. Legacy

1. Continuing to build her legacy as a caring and determined person
2. Quote: "Hamilton strives to remain a symbol of hope and inspiration by touching lives through her platform of faith and sport" states Viti.

D. Closing Statement

1. Bethany Hamilton's legacy of faith and hope to overcome adversity will continue to live on even long after her time.